



SEAMHC Summer School

25th August – 28th August 2025

Royale Chulan Hotel, Kuala Lumpur

Monday 25th August

3pm onwards. Hotel check-in

7pm. Buffet networking dinner [Warisan Café, Level G]

No activities are scheduled for the evening; attendees can freely organise their time after dinner.

Tuesday 26th August

6.30am onwards. Breakfast [Warisan Café]

9am. Registration [Chulan View Level 13 (P - Penthouse)]

9.30am. Welcome, Group Picture & Introductory remarks: “What is the SEAMHC?”

10am. Group activity #1 – “What type of mental health research is conducted across South-East Asia, and what are the identified priorities for each country and the whole region?”

11am. Coffee/Tea break (within the function room)

11.15am. Oral presentations - Session #1

12.30pm. Lunch [Warisan Café]

2pm. Group activity #2 – “What are the challenges and needs for conducting good mental health research in South-East Asia?”

3.00pm. Coffee/Tea Break

3:15pm Oral presentations - Session #2

4.30pm. Workshop #1 – “High-quality evidence synthesis for research and practice”

5.30pm. End of Day 1 activities

7pm. Dinner [Warisan Café] - Buffet (International)

No activities are scheduled for the evening; attendees can freely organise their time after dinner.



Wednesday 27th August

6.30am onwards. Breakfast [Warisan Café]

9am. Oral presentations - Session #3

10.20am. Workshop #2 - “Telehealth for Mental Health in Cambodia”

10.50am. Workshop #3 - “Structural Equations Modelling (SEM)”

11.20am. Coffee/Tea break

11.30am. Workshop #4 - “Grant writing: challenges and practical tips”

12.30pm. Lunch [Warisan Café]

2pm. Group activity #3 – “The future of SEAMHC: working groups and ideas for collaborative projects”

3.30pm. Poster presentations & Coffee/Tea break

4.30pm. Oral presentations - Session #4

5.45pm. End of Day 2 activities

6:30pm Gather at Hotel Lobby

6:45pm Depart to Pavilion KL

7pm. SEAMHC Summer School Dinner at Barbeque Nation [Pavilion KL]

Thursday 28th August

6.30am onwards. Breakfast [Warisan Café]

9am. Group activity #4 – “The future of SEAMHC: practical actions, future grants applications and white paper”

11:15 Coffee/Tea Break + Concluding remarks

11.30am. Check-out from the hotel (G floor luggage storage room – next to the counter)

12.30pm. Farewell lunch [Warisan Café]

2pm. End of SEAMHC Summer School



Workshops

Tuesday 26th August

4.30 pm. **High-quality evidence synthesis for research and practice**, Dr. Alessio Bellato (University of Southampton, UK)

Wednesday 27th August

10.20 am. **Telehealth for Mental Health in Cambodia**, Dr. Bunna Phoeun (Caritas Seedling of Hope Community Mental Health, Cambodia)

10.50 am. **Structural Equations Modelling (SEM)**, Dr. Shue Ling Chong (University of Nottingham, Malaysia)

11.30 am. **Grant writing: challenges and practical tips**, Dr. Wong Hoo Keat (University of Nottingham, Malaysia)



Oral presentations

Session #1. Tuesday 26th August, 11.15am

Speaker #1: Kao Sovandara (Cambodia) – “Developing a Psychology Program in Cambodian Higher Education”

Speaker #2: Maulana A. Empitu (Indonesia) - “TB Guard Rise: A Community-Based Model Integrating Mental Health and Tuberculosis Care in Indonesia”

Speaker #3: Lucy Tan (Singapore) - “HOG Resilience! Hope, Optimism and Gratitude: How Positive Psychology Promotes Resilience in Paediatric Cancer Care”

Speaker #4: Nanchatsan Sakunpong (Thailand) – “Developing Peer Counselling for Transgender and Gender-Diverse Adults in Thailand: A Feasibility Study”

Session #2. Tuesday 26th August, 3.15pm

Speaker #1: Puvesha Jegathisan (Malaysia) - “Mapping the Research Gaps: A Systematic Review of Refugee Mental Health Studies in Malaysia”

Speaker #2: Khann Sareth (Cambodia) - “Effects of depression and anxiety on school functioning among Cambodian high school students”

Speaker #3: Nguyen Thi Mai Hien (Vietnam) - “Bridging the Gap: Psychotherapy in Vietnam’s Mental Health System”

Speaker #4: Isyah Rahma Dian (Indonesia) - “Effect of post-COVID-19-pandemic adaptations in children with neurologic and neurodevelopmental disorders at Cipto Mangunkusumo Hospital, Jakarta”

Session #3. Wednesday 27th August, 9.00am

Speaker #1: Arulita Ika Fibriana (Indonesia) – “Mental Health Disorders Screening among University Students in Indonesia”

Speaker #2: Sahithya Bernagodu Rameshgowda (Malaysia) – “Stressful Life Events in Young Adults: Development of a Youth-Specific Assessment Tool and Preliminary Links to Mental Health”

Speaker #3: Paul Victor Patinadan (Singapore) - “Nothing About Us, Without Us, is For Us: An Introduction to Patient Public Involvement (PPI) and Participatory Action Research (PAR) Modalities for Research and Policy”



Speaker #4: Luan Nguyen Huynh (Vietnam) – “Towards Culture-Inclusive Personality Assessment in Southeast Asia: A Research Project from Vietnam”

Session #4. Wednesday 27th August, 4.30pm

Speaker #1: Khadizah Haji Abdul Mumin (Brunei) – “Breaking the Silence on Postnatal Mental Health: Unique Challenges and Urgent Responses”

Speaker #2: Nguyen Ngoc Quynh Anh (Vietnam) – “Emotional intelligence, Resilience, and Social Support to Mental health and Well-being among young adults: A school-based cross-cultural study”

Speaker #3: Joanna Barlas (Singapore) – “Beyond the Boxes: Reimagining Mental Health Research Without Diagnosis”

Speaker #4: Nil Ean (Cambodia) – “The Feasibility and Acceptability of Peer-led Group Intervention on Psychological Distress, Post-traumatic Stress Disorder (PTSD), and Worry among Adults with Physical Disabilities in Cambodia”



Poster presentations

Wednesday 27th August, 3.30-4.30 pm

Anne Noor Sri Juwaneeta Jamaludin (Malaysia) - "Asynchronous Text-Based Mental Health Support: Real-World Evidence of Next-Day Mood Improvement in Non-Clinical Population"

Chee Tji Tjian (Singapore) - "Functions, Characteristics, and Experiences of Non-Suicidal Self-Injury: A Cross-Sectional Study of Youth and Adolescents in Singapore"

Crystal Ng Kah Yan (Malaysia) - "Executive Function, Absentmindedness, and Willingness to Engage in Effortful Thinking: An Age-Related Saccadic Exploration"

Dang Hoang Minh (Vietnam) - "MentalHigh: Building Mental Health Capacity at Higher Education Institutes in Southeast Asia"

Husna Binti Hassan Basri (Malaysia) - "The relationship of self-compassion and psychological flexibility with heart rate variability in young people"

Irianti Usman (Indonesia) - "Feminine toxicity and competition among women in the workplace: Phenomenological Study of Islamic Ethics, Sex Communication, and Work Psychology"

Vanisa Senesathith (Laos) - "Investigating a Hybrid-Digital Parenting Intervention Delivered in Routine Service Settings for Caregivers of Children Ages Two to Six in Malaysia: A Pre-Post Study"



Emergency Contacts

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